



M-OCDS News

MONMOUTH-OCEAN COUNTY DENTAL SOCIETY NEWSLETTER

A Component Society of The New Jersey Dental Association and
the American Dental Association

DECEMBER 2021

From the President

As we approach the end of the year, many of us may find this to be a time to reflect on the past. I feel we have much to be grateful for as a dental society. We have accomplished many of our goals this past year with respect to increased communication and engagement of our members, maintaining a strong membership base (612 at this time), having new members join the board of trustees and getting involved on committees, and continuing to provide updates and guidance around the COVID-19 pandemic.



Our first two dinner meetings of this season were well attended, and the lectures were informative. On October 12th we learned from Mr. Rick LoAlbo of HTI consultants how to prevent and protect ourselves from Ransomware attacks. Then on November 9th Mr. Joe McGonigal of DDS Match discussed strategies to transition and plan for a practice sale in today's market.

The excitement and joy of our members who attending was palpable. Clearly, we were ready to connect with our colleagues!

Since there are countless opportunities for virtual continuing dental education at the state and national level, the board voted unanimously at the November 2021 trustees meeting to continue having our component dinner meetings with an in-person format.

The board of trustees believes the in-person dinner meetings are an important aspect at the tri-partite level as they foster networking and more importantly, camaraderie. Our dinner meeting sponsors have been generous in their support of M-OCDS and help us offset the cost so our members can continue attending at no charge! Please consider utilizing the services and resources of our lecturers and sponsors.

If you haven't already, we invite you to attend one or more of our three remaining dinner meetings of the year. Our next one will be on Tuesday January 18, 2022, at our usual location, Waterview Pavilion in Belmar. Our NJDA President, Dr. Luciano Ghisalberti, along with other NJDA Officers, will be visiting our component at that meeting and will be updating our members on governmental affairs and other aspects of organized dentistry. We will also recognize our Life Members on that night. We have MANY who have attained this distinction this year and I want to personally thank all of them for their unwavering commitment and support of organized dentistry.

During this time of reflection and giving thanks, I'd like to openly invite any member who needs support, not matter how big or small, to reach out. We are just a phone call, text, or email away.

In 2022, M-OCDS will continue to make an impact, to adapt and pivot when necessary and be an example for other components.

I would like to wish everyone a very happy and HEALTHY holiday season and new year.

Dr. Carmela LaFalce
M-OCDS President

Upcoming Events

JERSEY SHORE UNIVERSITY MEDICAL CENTER

Wednesday, December 8, 2021

**"THE SCIENCE OF CALM AND
RESILIENCE—CALM MIND, FIT BODY,
INSPIRED PRACTICE"**

Dr. Uche Odiatu

LIVE ZOOM EDUCATIONAL MEETING

Eileen Becker at (732) 869-5734

TRUSTEES MEETING

Tuesday, January 4, 2022 7 PM

ZOOM MEETING at 7PM

GENERAL MEMBERSHIP MEETING

Tuesday, January 18, 2022

"NJDA OFFICERS PRESENTATION"

Arthur Meisel, Esq, Executive Director

Dr. Luciano Ghisalberti, NJDA President

Life Members will be honored!

WATERVIEW PAVILION, BELMAR

CURRENT CDC GUIDELINES WILL BE FOLLOWED

FREE FOR MOCDS MEMBERS & EARN 1 CE CREDITS!

JERSEY SHORE UNIVERSITY MEDICAL CENTER

Wednesday, January 19, 2022

**"HOW TO USE THE LATEST ORAL-
OVERALL HEALTH INFORMATION
TO IMPROVE PATIENT OUTCOMES
AND STRENGTHEN YOUR PRACTICE –
THE PERIODONTAL PRIORITY APPROACH"**

Dr. Tim Donley

LIVE ZOOM EDUCATIONAL MEETING

Eileen Becker at (732) 869-5734

**Society web site:
www.M-OCDS.org**



*October meeting speaker
Rick LoAlbo of HTI*



*Drs LaFalce and November
meeting speaker Joe McGonagal*



Drs LaFalce and Furlong



*Marc Daichman of
Aesteto Dent Labs*



*President LaFalce and
Past President Feeney*



MOCDS asks members who are Veterans to stand and be recognized.

MOCDS TRUSTEE MEETING MINUTES October 5, 2021

M-OCDS TRUSTEES MEETING MINUTES

Date : October 5th 2021

Attendance:

| | | | |
|-----------|---------------------|--------------|-------------|
| Trustees: | C. Andricsak | E. Boim | M. Furlong |
| | B. Giantomas | A. Gupta | R. Issacson |
| | J. Jefferies- Bruno | C. LaFalce | N. Nebblett |
| | A. Seto | D.Shah | J. Soliman |
| | M. Sones | E. Velasquez | T. Sniscak |

Non-Trustees:

J. Rassias

The meeting was called to order by Dr. Carmela LaFalce at 7:00PM. The meeting was held via ZOOM video conferencing due to circumstances surrounding COVID-19.

We do have a quorum.

Approval of the minutes from last meeting:

A motion was proposed to approve the minutes from the last trustee meeting on August 10, 2021 by Dr. Bruno, 2nd by Dr. Sones. A call to vote was made and approval of the minutes passed.

President's Report (Dr LaFalce):

Welcomed Dr John Rassias

We had our first in person event on Wednesday, 9/29 at Watermark. It was a social networking event. It great to see so many old and new faces. Dr. Sniscak did a great job in running the event and he will give details in his report. I feel it was a huge success.

Paperwork was submitted to get our refund from the USPS for our bulk mail permit which is no longer needed (since we no longer snail mail our newsletters). We will be receiving \$73.34 back.

We need at least one, if not more volunteers to help plan the President's dinner dance. It will be held on Sunday 4/24 at Oyster Point. Dr Picciotto regrettably is not able to dedicate the time the event deserves. We thank her for her many years of service and wish her the best in her new position. Any volunteers?

Any suggestions?

None of the EB members can add more responsibilities to our duties

Dr Sones suggested the Committee on General Membership, Dr Gupta and Dr Seto accepted planning the President's Dinner Dance as part of their committee

We are all set for our in-person dinner meeting on Tues. 10/12. We are hoping for a strong turnout. The first 2 dinner meeting lectures (Oct & Nov) have been approved by the state board for 2 CEUs each.

NJDA: I have been posting content to our component section of the Monday Morning emails at least twice a month. If there is any topic you would like me to post or spotlight please forward it to me.

Budget and Finance Committee: Dr Angowski reached out to me and gave me some important society documents. Dr. Sones will be scanning the docs for safety and continuity. Dr. Angowski also mentioned that it is urgent that we get either the President or Dr. Sones to be on the investment accounts and to have the passwords. I would recommend Dr. Sones to acquire the passwords since he has been put on the committee and the president will change every year.

Discussed there has been progress in adding Dr Sones as a signatory on MOCDS investment accounts, Dr Albin is not in attendance so no deadline has been set

At this point, having trustee meetings at JSUMC Hope Tower is not foreseeable. We will continue with the Zoom format.

Vice President's Report (Dr. Sones):

The nominations committee will be meeting to discuss next year's open positions. If there are any trustees who are interested in becoming Secretary for the 2022-2023 year, please let me know. I am working on next years calendar and our tentative schedule for Trustee and Dinner meetings is as follows:

August 2, 2022 - Organization Meeting

October 11, 2022 - TM

October 25, 2022 - DM

November 1, 2022 - TM

November 8, 2022 - DM

January 3, 2023 - TM

January 10, 2023 - DM

March 14, 2023 - TM

March 21, 2023 - DM

April 4, 2023 - TM

April 11, 2023 - DM

SPONSORSHIP REPORT

For our dinner meeting 10/12 we have the following sponsors:

Platinum/Exclusive Sponsors: Asteto Dental Lab and Zimmer Biomet

Gold Sponsors: Bank of America, CARR, Newark Dental Pemco

Bronze/Single Meeting Sponsors: Ultradent, Doral Refining, Dentsply Sirona

Dr Sones contacted our sponsors and asked them to provide speakers to our dinner meetings which would potentially reduce our expenses. Asteto Dental Lab expressed an interest. Please contact Dr Sones with info on potential future speakers

Discussed that while members may be interested in lectures which cover topics on the state mandated CE at the county level, we would not want to conflict with the NJDA that is also providing these lectures

Treasurer's Report (Dr. J Soliman):

Accounts are all in good Standing. I will be working with our accountant and banks to try to transition our funds to a new institution for ease of future use

NJDA Trustee Report (Dr Jeffries – Bruno for Dr Furlong)

Attached please find the minutes from the most recent NJDA BOT meeting on September 22nd. The budget meeting proceeded to the BOT meeting, and I attended the meeting and voted on behalf of our component. The proposed budget was approved unanimously and will be presented for adoption at the November 17th HOD meeting.

- Annual session: There will be a full virtual option as well as Ala-carte in-person programs.

- Medicare part B proposal to include dental. The proposal from ADA is to create a plan which would be good for everyone separately from part B; part "T". Including dental within part B has some potential negative consequences for dental moving forward. There is a "call to action" which we have promoted within our component over social media.

- 2022 Component dues need to be communicated back to NJDA.

- Peer review training date is November 3rd; training is required 1 time per 3 years. It will be held as a virtual meeting.

- CE: Recent programs have been well received. NJDA will host programs to meet all the 10 mandatory credits for 2022-2025 licensing. A request was made for helpful contacts/information for the following related to upcoming programs: HIPPA presenters, Bioclear, Pig Jaws.

The NJDA website is a great resource for upcoming CE - please visit it to review upcoming programs.

Social media: MOCDS received praise for communicating frequently to its members

MOCDS TRUSTEE MEETING MINUTES October 5, 2021

Dr Furlong reminded members that the NJDA headquarters is available for use

ADA Delegate (Dr. Shah):

Report ADA Delegate: we had our meeting for 4th district at Wilmington, DE. We had three representatives from MOCDS(myself, Dr. Valasquez and Dr. Sniscak) discussed many resolutions. ADA is doing well financially from money made in investments and better budgeting. Medicare dental coverage is a hot topic of discussion, new technology to keep members informed and make ADA more accessible is one of the plans. 4th District trustee Dr. George Shepley is running for President of ADA and looking forward to see him get elected as he is most deserving. ADA Smilecon is scheduled to be October 11-13 and House of delegates meeting from 13-16 at Las Vegas. Hope most of our trustees and members have signed up to attend virtual or in person.

COUNCILS:

Council on Annual Session (Dr. Andricsak):

Here is the agenda from the August meeting. I was unable to attend the meeting and have yet to receive the minutes. The agenda sums up what was covered. It is the early stages of planning the session set for spring 2022. It looks like it will be a combo virtual/in person event.

The 2021 Annual Session & Marketplace Recap March 2021

*The FINAL numbers reveal the conference was a financial success due in large part to its fully virtual design. See attached spreadsheet.

2022 Annual Session & Marketplace Spring 2022

Due to the uncertain success of future in-person programs we are proposing the following format for the 2022 Annual Session.

A month-long conference offering the following:

- Pay-one-price virtual CE package for dentists and/or staff
 - o Courses could include clinical and practice management sessions.
- Ala Cart In-Person Clinical programs here at NJDA headquarters
 - o Offered outside of the virtual package price
 - o These courses accommodate limited seating
 - o Hands-on courses
- Blended Learning CPR offered weekly (registration opened as needed)
 - o Offered outside of the virtual package price
- Regional 'POP-UP' social events scheduled throughout the month
 - o Social events scheduled in different areas making it convenient for members
 - o Free to anyone registered for the conference
 - o Advanced registration required
 - o Available to NON-Members as well – use for recruitment
- Sponsorships
- Based on participation in last years virtual meetups, the "Marketplace", we will not offer any virtual exhibit experience for our vendors. Instead, we can offer course sponsorships that could include the following:
 - An opening sponsor slide and contact information on end slide as well as link in the evaluation email.
 - Sponsor Branding in our Marketplace digital conference program.
 - Branding in course email & social media posts.
 - 3-minute LIVE INTERMISSION INTRODUCTION for courses 2 or more hours.
 - BONUS - 1 month advertisement on NJDA's website in 2022.
- Pricing Structure Considerations:
 - 2021 PRICING: Virtual Package \$199.00pp members and their staff/\$350.00pp for non-members and/or staff
 - Ala Cart In-Person Programs – priced per hour??

Council on Dental Benefits (Dr. Safari):

Minutes of The Council on

Dental Benefits

September 15, 2021

I. SALUTE TO THE FLAG

II. CALL TO ORDER/ROLL CALL -Members in Attendance: Antoinette Tauk (Chair, Middlesex), Sidney Whitman (Mercer), Ed Tirpack (Tri-County), Kimberly Goldenbaum (Union), Peter Clemente (Middlesex), Yvonne Callas (Bergen), Steven Greenbaum (Central), Richard Kahn (Periodontics, Middlesex), Mahnez Fatahzadeh (Essex), Kirti Tolia (Passaic), Paul Lawyer (Southern), Arlene O'Brien (AGD Rep), Alyssa Bernstein (Middlesex), Matt Safari (Monmouth-Ocean) and Arthur Meisel, Jim Schulz, Jennifer Mazzucca (NJDA)

III. APPROVAL OF AGENDA- The Agenda, as distributed, was approved.

IV. APPROVAL OF MINUTES – The Minutes of the meeting of the Council on Dental Benefits held on April 14, 2021, were approved.

IV. LEGISLATIVE AND REGULATORY: Jim Schulz

A. Disallow Legislation:

Jim Schulz provided the Council with an update on the disallow bill

B. Medicare Benefit in Dentistry:

Jim Schulz updated the Council on the current status of a proposed Medicare benefit in Dentistry

The U.S. Congress advanced a budget resolution which included a provision to expand the Medicare program to include dental benefits. The ADA believes an expansion of benefits within the current Part B structure of Medicare would not adequately meet the needs of our dentists and Medicare patients.

A 10-minute video was shown which explained why the NJDA and ADA oppose the inclusion of a dental benefit in Medicare part B.

The video is available to view on the NDJA website, NJDA.org under Dental Advocacy/ Advocacy Spotlight.

V. COUNCIL DISCUSSION: Executive Director, Art Meisel

Arthur Meisel presented a brief legal report and status update

VI. DENTAL BENEFIT COUNCIL: Jennifer Mazzucca

A. Horizon FEP

Horizon Federal Employee Program is no longer processing payments to dental providers via paper check. The FEP automatically issues a SUA payment, which is a virtual credit card. Dental providers have an option to opt out of SUA and register with EFT as an alternate form of payment.

B. Insurance Overpayments and Audits

1.) Post audits (contracted dentists)

2.) Prepayment review (contracted and non-contracted)

3.) Overutilization of services billed

C. Submitting office fees on ALL claims (participating and non-participating)

D. Any adjustment(s) to fee or copay amounts MUST be reported on claim to insurance company

E. Submitting HCFA medical claim form

VII. MEDICAID AND ACCESS: Dr. Sidney Whitman

Sidney Whitman presented a report regarding the status of ongoing discussions about the inclusion of dental benefits in Medicare.

Regards, Matt Safari, DDS

Council on Membership (Dr. Sniscak)

Membership Committee Report

Our networking event at Watermark on September 29, 2021 was well received by the 39 members in attendance. The objective was member engagement, particularly with our newest members. There were 13 New Dentists, including 7 Monmouth residents and 4 Jersey Shore residents. The total cost for food, beverage, tax, and gratuity was \$2949. We received \$400 from Bank of

MOCDS TRUSTEE MEETING MINUTES October 5/November 2, 2021

America for their sponsorship of this event. A report was submitted to the ADA Engagement Program for additional reimbursement.

Council on Peer Review (Dr. M Friedman):
Currently reviewing mediation between a member and a patient.
Annual NJDA Peer Review Meeting via Zoom in November

COMMITTEES:

Committee on Communications (Dr Friedman):
Next Newsletter is December

Committee on Constitution and Bylaws (Dr. Hersh):
The revised MOCDS Constitution and Bylaws is currently being edited. It will be forwarded to Dr Ed Terpac for his review of form. It will then be presented to the MOCDS Board of Trustees for a review of content

Committee on General Membership and Educational Programs (Dr. Seto):
As of 2:30 pm today we had 39 people rsvp attendance at next week's in person dinner meeting
Would like to clarify cost for members who wish to bring staff
Clarified cost for non members is \$90 and staff of Members is \$45
Dr La Falce discussed that the Riverview Pavilion has had no fee increase in eight year. This November the cost per person will increase by \$8 to \$46.26 pp

NJ Dental Lifeline Network (formerly Donated Dental Services (Dr. Feeney):
NJ dental life line network (DDS Program)
Next trustees meeting will be virtually on 10/21 Thursday .
Great news !! Nationally the program has exceeded \$500 million worth of donated care for 165,000 deserving patients. This was provided by over 39,000 dentists and specialists across the country. Be proud! Our NJ component contributed magnanimously to this tremendous effort.

New Business:
Dr Bob Giantomas discussed announcement of Life members of NJDA will be forthcoming
Dr La Falce confirmed that MOCDS dues will remain the same for upcoming year

The meeting was adjourned at 8:00 pm

Respectfully submitted,

N Nebblett DDS, Secretary

M-OCDS TRUSTEES MEETING MINUTES November 2nd, 2021

Attendance:

Trustees

S. Albin, C. Andricsak, M. Friedman, M. Furlong, S. Guerrasio, A. Gupta, J. Jeffries - Bruno, C. LaFalce, N. Nebblett, M. Safari, A. Seto, J. Soliman, T. Sniscak, M. Sones, E. Velazquez

The meeting was called to order by Dr. Carmela LaFalce at 7:00PM. The meeting was held via ZOOM video conferencing due to circumstances surrounding COVID-19.

We do have a Quorum

Approval of the minutes from last meeting:

A motion to approve the minutes of the last meeting was proposed by Dr Jeffries - Bruno and seconded by J Soliman. A call to vote was made and the motion to approve the minutes passed

President's Report (Dr LaFalce):

Our first dinner meeting since March 2020 was held on 10/12/21 at Waterview

Pavilion. We had a good turnout! Rick LoAlbo of HTI presented an informative lecture on Ransomware & Cybersecurity.
We had 8 sponsors!

Our next dinner meeting is Nov. 9th. Joe McGonigal of DDS Match will speak on Planning and Executing Successful Transitions in Today's Market.

I requested and received from the NJDA the list of our life members who we will recognize at the January 2022 dinner meeting. We have 59 Life Members (ADA eliminated the age requirement). I will send the excel list for your review in a separate email. If everyone could please take a look and let me know if there are any that are deceased or no longer in the area. It will be a daunting task to reach out to all of them to advise them and ask them to attend the January dinner meeting where they will be honored.

Discussed sending an e- blast using constant contact to invite Life Members to the January Dinner Meeting. Dr Velazquez stated that it was at the discretion of the President how they wanted to honor the life members, in the past the members that attended were asked to submit a photo and write a brief Bio and that would be read by one of the visiting officers. There is a huge increase in life members compared to previous years as the requirement that one must be over 65 years old has been removed. The remaining requirement to achieve life membership is 30 years of continuous membership or 40 years total membership. Uncertain whether this is a temporary or permanent change. Dr Velazquez offered to discuss clarification of life membership at the next Board meeting.

We had several M-OCDS members attend the NJDA PAC Golf outing on 10/20/21 at Trenton Country Club. It was a gorgeous day and everyone had fun.

I will be attending the NJDA Semi-Annual House of Delegates meeting on Nov. 17th.

Our NJDA delegates should plan on attending.

Vice President's Report (Dr. M Sones):

Thank You to Dr Paul Condello and Jersey Shore Medical Center for the generous donation of \$1000 to the M - OCDS

I have been working on the schedule and arranging speakers for next year based on the following calendar dates:

August 2, 2022 - Organization Meeting

October 11, 2022 - TM

October 25, 2022 - DM

November 1, 2022 - TM

November 8, 2022 - DM

January 3, 2023 - TM

January 10, 2023 - DM

March 14, 2023 - TM

March 21, 2023 - DM

April 4, 2023 - TM

April 11, 2023 - DM

Dr. Boim has reviewed the scheduled and confirmed there are no major conflicts with any holidays. I have contacted NJDA to schedule the officers visitation for January 2023 but have yet to receive confirmation. Be advised that our January date may change based on the availability of the visiting officers. We will need to find a date for our September 2022 social/new-member event and also discuss President's Dinner Dance for 2023.

Sponsorship Report: For our dinner meeting on 11/9, we have the following sponsors:

Platinum Sponsors - ASTETO Dental Lab, Zimmer Biomet

Gold Sponsors - Bank of America, CARR, Newark Dental

Bronze Sponsors - Doral Refining, Align Technologies

Working on confirming sponsorship for next year

Treasurer's Report (Dr. J Soliman):

All accounts in good standing.

NJDA Trustee Report (Dr. M Furlong):

The Semi - Annual House of Delegates will take place at the Sheraton Edison

MOCDS TRUSTEE MEETING MINUTES November 2, 2021

on Wednesday November 17th in the morning. NJDA Trustees and/or Alternate Trustees are encouraged to attend.

The NJDA Board of Trustees meeting will follow

ADA Delegate (Dr. Shah):

ADA Delegate's report: I am still waiting for official minutes and hopefully will be able to report at the next meeting. ADA House of delegates meeting was October 13-16 and SmileCon meeting was from October 11-13 at Las Vegas, Nevada. Great News is our 4th District delegate and ADA trustee Dr. George Shepley, D.D.S. got elected as upcoming president of ADA. In last few years, this is our third win our 4th district delegate got elected as a president of ADA. He is very experienced, has served on many important councils as a member as a chair. I think he will be a great president for 2022-23. Our current ADA president is Dr. Cesar Sabates, D.D.S. Our outgoing president Dr. Daniel Clemmedson, D.D.S., M.D. did a great job during tough times. House meetings most of them were non-controversial. Another great news is Budget summary: Membership dues revenue fell by less than .05% in 2020 Vs. 2019. Travel cost reduced by \$5 million, Products variable costs of sales fell proportionately. In short, 6 million deficit was expected for 2020 and now under great stewardship we are projecting profit first time in at least last couple of years. ADA is investing in digital communication for members- strongly believes that each member should be a little disappointing attendance at SmileCon and felt sorry for the vendors hope they did alright. able to access all the information with their fingertip and planning to invest in IT. We will have \$9 dues increase in 2022 as decided by House of delegates last year just to keep up with inflation.

COUNCILS:

Council on Annual Session (Dr. Andricsak):

Attached are the official minutes of the August meeting of the Council on the Annual Session. I was not on the Zoom call and cannot comment on what was covered. Our next meeting has not been scheduled yet.

Council on Annual Session Zoom Conference

August 10, 2021

The 2021 Annual Session and Marketplace was a financial success with \$11,533.82 in expenses and

\$38,236.00 in revenue for a net gain of \$26,702.18.

The following format was proposed and approved for the 2022 Annual Session and Marketplace:

- Pay-one-price virtual CE Package
- Ala Carte In-Person Clinical Programs at NJDA Headquarters

o Limited seating

o Hands-on courses

o Separate price from virtual package

- Blended Learning CPR offered weekly

o Separate price from virtual package

- Regional Pop-UP Social Events

o Free to anyone registered for the conference

o Scheduled in different areas throughout the state

o Available to Non-members as well

- Sponsorships

o No virtual exhibit space will be offered

o Opening and closing lecture sponsor slide and link to sponsor site in evaluation e-mail

o Sponsor branding in Digital Marketplace Program

o Branding in course e-mail and social media posts

o 3-minute live intermission during courses of 2 or more hours where sponsors will speak

o Bonus: 1 month advertisement on NJDA website in 2022

- Pricing will be determined in the future

This report has been respectfully submitted by Joseph Basilicato, DMD

Council on Peer Review (Dr. M Friedman):

Peer Review : Successful mediation between an M-OCDS member and a patient.

Annual NJDA Peer Review Meeting via Zoom November 3rd . More information contact Jennifer jmazzucca@njda.org

COMMITTEES:

Committee on Communications (Dr. M Friedman):

Next newsletter is December. Items due by November 16th

Committee on Nominations (Dr. M Sones):

I would like to formally nominate Dr. Ariane Seto as Secretary of MOCDS for our 2022-2023 year. A review of committees and confirmation of other nominations will be voted on during the meeting.

A motion was made by Dr Jeffries Bruno to nominate Dr Seto and was seconded by Dr Albin. The motion passed unanimously. Dr Seto's Nomination will be announced at the next dinner meeting and members will have the opportunity to propose any alternate nominations.

Committee on Budget and Finance (Dr S Albin):

Dr. Albin emailed 3rd quarter investment reports to the trustees for their review.

Committee on General Membership and Educational Programs (Drs Seto, Gupta and Sieg):

We had a good turnout for our first dinner meeting on October 12, with 48 people in attendance, which included 4 out of 5 Jersey Shore residents, 6 out of 8 Monmouth residents and one D4 from Rutgers.

For our dinner meeting on November 9, as of now (11/2 /21 at 7:15pm), we have 37 members expected to attend.

Akriti and I met with Judy at the Oyster Point on Friday to see the space. We have the Ballroom on hold for 4/24 5-9pm, and she sent us a preliminary contract to review.

Committee on Children's Dental Health (Dr. Jeffries-Bruno and Dr. Sones):

Children's Dental Health Month Fair

Matt and I reached out to the members of the committee to brainstorm the best approach for this year. We plan to run the poster contest in February as we have in year past. We will not have the fair in February. Instead we will try to organize it separately once the weather is a little warmer in an attempt to hold it at an outside venue. Any ideas are welcome, please reach out to Jocelyn Jeffries – Bruno or Matt Sones

Old Business

Dr Jeffries – Bruno was asked about her research into the logistics of making dinner meetings have a virtual option as well. Dr Silverstein from the Middlesex dental society provided a list of equipment and the cost was \$1352, however this included the cost of a laptop therefore the approximate cost to M-OCDS would be in the \$500 range. We could also inquire with our AV company about renting the equipment. In order to Live Stream the meeting we would need adequate WiFi signal which we don't believe is available at the Waterview Pavilion

Trustees discussed the merits of going Hybrid

In support of Hybrid Meeting – possible increase in attendance by members that are unable to attend the in person meeting

In support of Keeping our Meetings In Person

Camaraderie

Additional cost and effort of providing a hybrid meeting

Technical difficulty as our meeting location does not provide adequate WiFi signal
One of the functions of the local dental components is the in person interaction of the members, which is more difficult at the State and/or National level

• Permission would have to be given by the lecturer(s) to use of their images and their presentation materials

• Risk of lower attendance at in person meetings

• Lower attendance at in person meetings could lead to a loss of sponsorship and subsequent loss of non dues income

• Multiple alternative virtual CE programs available

A motion was made by Dr Sniscak to maintain our format of in person dinner meetings. Motion was seconded by Dr Velasquez, Motion carried unanimously
Dr Friedman suggested composing a statement outlining the points that led to the decision to maintain in person dinner meetings.

New Business:

Dr Velazquez discussed that the NJ Dept Of Health has a Dental Director, Dr Hayes. Also there is a Dental Oral Health Board that is composed of dentists and non dentists (hygienists, public health officials) and amongst other things they are working on creating plan for improved oral health for NJ residents especially children and the elderly

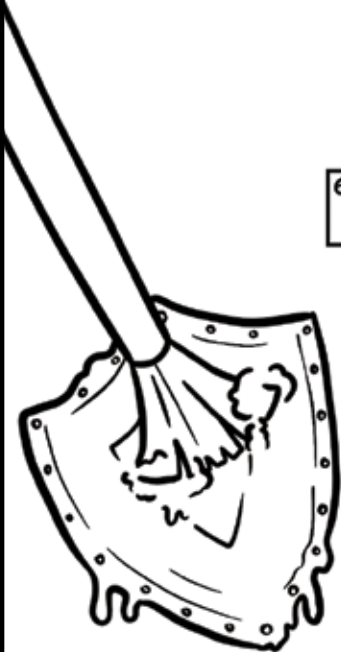
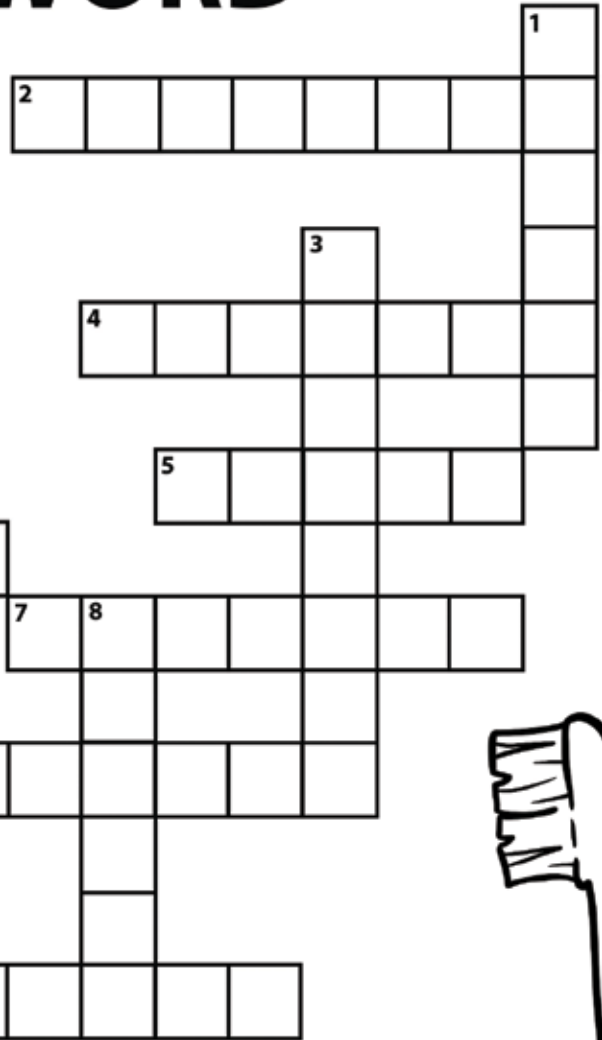
The meeting was adjourned at 8:05 pm.

Respectfully submitted, N Nebblett DDS M – OCDS Secretary 2021 - 2022

CROSSWORD

Bacteria
Saliva
Fluoride
Toothpaste
Floss

Dentist
Sealant
Cavity
Enamel
Molar



Across

- 2. The tiny germs that can cause decay are called
- 4. A special dental plastic that can coats your tooth to prevent decay
- 5. Cleans between teeth
- 6. Fluid in your mouth that covers your teeth and helps break down food
- 7. You should visit the _____ twice a year to keep your mouth healthy
- 9. What you put on your toothbrush to help keep your teeth healthy
- 10. Type of tooth for chewing at the back of your mouth

Down

- 1. The most common dental disease among young people
- 3. Water with _____ can prevent tooth decay
- 8. The hard outer covering of a tooth

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February is National Children's Dental Health Month. Visit [ADA.org/NCDHM2022](https://ada.org/NCDHM2022) for activity sheets.

HEALTHY SMILE TIPS

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

ADA American
 Dental
 Association®



MONMOUTH OCEAN COUNTY DENTAL SOCIETY



CHILDREN'S DENTAL HEALTH MONTH 2022

VIRTUAL POSTER CONTEST!

February is National Children's Dental Health Month!

To Celebrate and promote good oral health, the Monmouth-Ocean County Dental Society is holding a FUN "VIRTUAL" POSTER CONTEST for Children in Monmouth and Ocean Counties currently in Grades K through 8 "Sealants Make Sense"!

General Rules:

1. **WHO MAY ENTER:** Children in **Grades K through 8** from Monmouth or Ocean County, NJ.
2. **NECESSARY MATERIALS:** Any Size paper or poster board, and markers, crayons, or colored pencils any additional glitter, glue it's up to you! Use your imagination!!
3. **THEME:** Incorporate the theme chosen by the American Dental Association "Sealants Make Sense" and include anything that demonstrates good dental health. Examples: Good oral hygiene, how to take care of your teeth, visiting the dentist, eating good food, brushing/flossing... Be creative!
4. **LABELING: MUST LABEL BACK WITH:**
 - Contestant first and last name, grade, School attended NAME & TOWN (Example: Long Branch/Brick)
 - Supervising adult name, relation to contestant, and a **contact phone and/or email**
5. **SUBMISSION DEADLINE IS 6pm MONDAY February 28, 2022:**
 - Email photo or scanned image of poster front and back. Email to the address below based on your school/home county location:
Please Include SUBJECT LINE: "Poster Contest Entry"
 - **Monmouth County:** MonmouthPosterContest@gmail.com
 - **Ocean County:** OceanPosterContest@gmail.com
 - *A confirmation email will be sent within 72 hours of receipt of entry email.
 - *You may begin submitting February 1st.
 - If you have a group of posters from a school or art group please email for additional options for bulk submission.



MONMOUTH OCEAN COUNTY DENTAL SOCIETY



WINNERS will be notified **MONDAY, March 21st 2022** via Email or Phone provided on entry. Posters will be judged based upon **CREATIVITY & NEATNESS**.

- Prizes will include gift cards as well as a certificate from Monmouth-Ocean County Dental Society.
- Number of winners and prizes/amounts depends on the number of entries received.
- No images will be posted by M-OCDS on any M-OCDS social media or other correspondence unless permission is obtained from a parent/guardian.
- All entries will be deleted from the Email Account by June 1, 2022, no information will be retained.

ADDITIONAL INFORMATION, FUN PAGES AND INFORMATION ON Children's Dental Health Month as well as the GIVE KIDS A SMILE SITES CAN BE FOUND ON THE M-OCDS WEBPAGE under the Calendar of Events Tab in December.

www.M-OCDS.org

Feel free to promote this event in your office and on social media. Please make sure to tag M-OCDS on our Facebook Page or Instagram Account **@mocdsnj**

If you have questions please contact the M-OCDS CDHM Committee Chairs:

EMAIL: MonmouthOceanDental@gmail.com

PHONE: **Ocean County:** Dr. Matt Sones (732) 473-1123

Monmouth County: Dr. Jocelyn Jeffries-Bruno (732) 775-1492



SEALANTS MAKE SENSE.



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February is National Children's Dental Health Month. Visit [ADA.org/NCDHM2022](https://www.ada.org/NCDHM2022) for activity sheets.

HEALTHY SMILE TIPS

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

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2021 / 2022 CONTINUING DENTAL EDUCATION PROGRAM

Wednesday, December 8, 2021

“THE SCIENCE OF CALM AND RESILIENCE
CALM MIND, FIT BODY, INSPIRED PRACTICE”

Dr. Uche Odiatu
Live ZOOM

Wednesday, January 19, 2022

“HOW TO USE THE LATEST ORAL - OVERALL HEALTH
INFORMATION TO IMPROVE PATIENT OUTCOMES
AND STRENGTHEN YOUR PRACTICE -
THE PERIODONTAL PRIORITY APPROACH”

Dr. Tim Donley
Live ZOOM

Wednesday, February 9, 2022

“MODERN MATERIALS AND RESTORATIVE TECHNIQUES:
WHAT YOU DON'T KNOW COULD HURT YOU”

Dr. Tim Donley
Live ZOOM

Wednesday, March 16, 2022

“MIRACLES AND MAYHEM-PHARMACOLOGICAL
ESSENTIALS FOR THE DENTAL TEAM
IN UNCERTAIN TIMES”

Dr. Karen Baker
Live ZOOM

Wednesday, April 6, 2022

“ALL TMJ PATIENTS ARE NUTS, RIGHT? (AM)
and OBSTRUCTIVE SLEEP APNEA (PM)”

Dr. Jamison R. Spencer
Live ZOOM

Wednesday, May 4, 2022

“MAKING IT EASY FOR PATIENTS TO SAY YES:
CASE ACCEPTANCE FOR COMPLETE DENTISTRY”

Dr. Paul Homoly
Live ZOOM

For more information please call
Eileen Becker at (732) 869-5734

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"THE SCIENCE OF CALM AND RESILIENCE
CALM MIND - FIT BODY - INSPIRED PRACTICE!"

Presented by Uche Odiatu, D.M.D.

Wednesday, December 8, 2021 from 9:00 AM – 4:00 PM
LIVE ZOOM EDUCATIONAL MEETING

Has your get up and go, got up and left? Are your clinic days fueled by caffeine? Are your patients wound up? Are you starting to look & feel like your driver's license picture? This entertaining & informative program will inspire you to TAKE ACTION and reclaim your health & energy. The unrelenting pressure and stress from demanding clinical treatments, patient relations, and staff challenges can drain the reserves of the most well-intentioned individual. The consequences include: poor sleep, overeating, accelerated aging, periodontal disease, lack of productivity, & feelings of overwhelm. This empowering session is uniquely crafted to balance and energize the lives of the dentist and team. In this empowering seminar you will:

1. Recognize the warning signs and the implications of being out of balance
2. Discover the mind/body connection through meditation and visualization
3. Make the connection between STRESS and your patient's ORAL HEALTH
4. Uncover the secret of the 10-10-10 wake up system!
5. Stop accelerated aging in its tracks by strengthening your immune system
6. Understand the relationship between food and your immune system
7. Recognize the destructive INFLAMMATORY CASCADE in your patients.
8. Discover how visceral fat behaves like an active organ releasing inflammatory cytokines causing havoc throughout the entire body & mouth.
9. Learn an easy two-minute script to educate & motivate your patients
10. Develop leadership strategies to get your entire office on board focusing on whole body health.
11. Understand the new science of the Microbiome and how it impacts your patients' oral health

Back By Popular Demand - Dr. Uche Odiatu, DMD is the author of The Miracle of Health, a professional member of the American College of Sports Medicine and a practicing dentist in Toronto. This busy health care professional is an NSCA Certified Personal Trainer, Certified Yoga Instructor, Certified Boot Camp Instructor and has given 500 plus lectures in England, Canada, the USA, the Bahamas, Denmark, Bermuda and Norway. www.DrUche.com Twitter @FitSpeakers Instagram @FitSpeakers

REGISTRATION FORM: Dr. Uche Odiatu, DMD
The Science of Calm and Resilience - Calm Mind - Fit Body - Inspired Practice!
LIVE ZOOM LECTURE

Name: _____ Phone: _____

Address: _____

E-Mail: _____ AGD# _____

TUITION:

Dentists: _____ @ \$185.00= _____ **Auxiliaries:** _____ @ \$ 95.00= _____ **Total Enclosed =** _____

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Account Number: _____ Expiration Date: _____

Signature: _____

Dentists-Please list the names of auxiliaries attending the LIVE ZOOM LECTURE

Mail this Registration Form and Tuition to:

Paul J. Condello, DMD, Dental Department
Jersey Shore University Medical Center
1945 State Route 33
P.O. Box 397
Neptune, NJ 07753

Please Make Check Payable to:
J.S.M.C. DENTAL

FAX this form and credit card information to (732) 869-5785
FOR FURTHER INFO CALL EILEEN BECKER AT 732-869-5734

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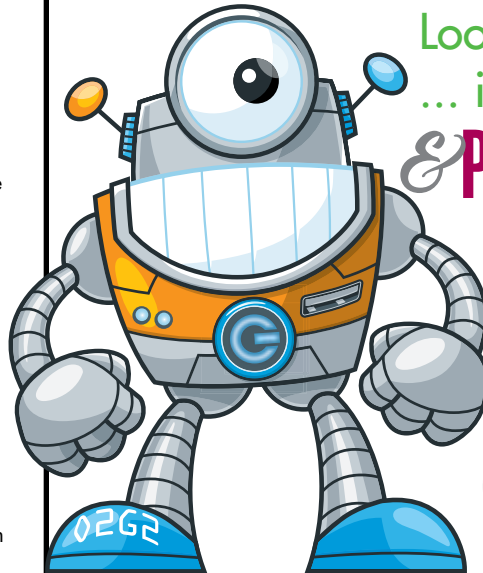


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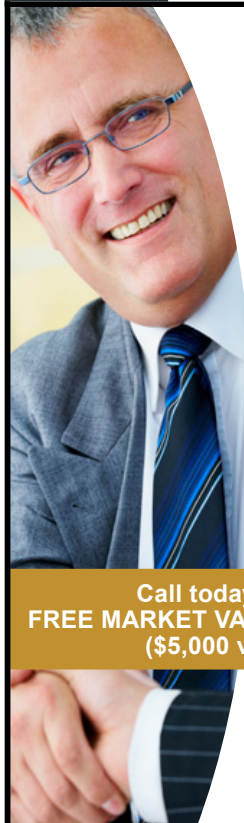
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M-OCDS News DECEMBER 2021

All material for publication must be received by the editor no later than the 10th of the month preceding publication.

The Monmouth-Ocean County Dental Society is not responsible for the articles or views of authors or contributions in these pages.